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| Maandag | Dinsdag | Woensdag | Donderdag | Vrijdag | Zaterdag | Zondag |
|  | 9.15-10.15Yin/Zachte Hatha yoga **Brechtje** | 9.15-10.30Kundalini yoga**Linda** | 9.15-10.15Chakra yoga**Rox** | 9.15-10.15Pilates**Katrijn** | 9.45-11.00 Ashtanga yoga**Sabine** | 10.00-11.00Vinyasa yoga Brechtje |
| 10.30-11.30Hatha flow yoga Joanna | 10.30-11.30Zachte Hatha yoga **Brechtje** | 10.45-11.45Yin yoga **Sabine** | 10.30-11.30Yin/Vinyasa yoga**Sabine** | 10.30-11.30Yin yoga**Katrijn** | 11.15-12.15 Hatha yoga **Katrijn** | 11.15-12.15Yin/Hatha flow yoga Brechtje |
| 11.45-12.45Helende yogaJoanna  | 11.45-12.45Yin yoga**Brechtje** | 13.15-14.15 tieneryoga**Katrijn**Vanaf 5/10 |  | 12.00-13.00Zachte Hatha yoga**Katrijn** | 12.30-13.30Pilates**Katrijn** | 12.30-13.30Yin/Zachte Hatha yogaBrechtje |
| 13.00-14.00PilatesKatrijn |  | 14.30-15.30kinderyoga**Katrijn** |  |  |  |  |
| 16.45-17.45Yin yogaBrechtje |  |  | 16.45-17.45Yin/Hatha yoga**Rox** |  |  | 16.45-17.45Yin yogaSabine |
| 18.00-19.00Zachte Hatha yoga Brechtje | 18.00-19.00Pilates**Leen** |  | 18.00-19.00Zachte Hatha yoga **Katrijn** |  |  |  |
| 19.15-20.15Vinyasa yoga Brechtje | 19.15-20.15Yin yoga**Leen** | 19.15-20.15Ashtanga yoga**Sabine** | 19.15-20.15Hatha yoga**Katrijn** | **Workshops of Kundalini** |   |  |
| 20.30-21.30Yin yogaJoanna | 20.30-21.30Yin/VinyasaLeen | 20.30-21.30Yin yogaKristel | 20.30-21.30YogalatesKatrijn |   |   |   |

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***sept.-dec. 2016***